

# ***Letter of No Objection***

The **Letter of No Objection** is a statement that confirms that the exchange visitor's government has no objection to the applicant:

- not returning to the home country to satisfy the two - year foreign residency requirement and
- remaining in the US if he or she chooses to do so.

Requirements for **Letter of No Objection**:

- Letter requesting letter of No Objection.
- Copy of most recent DS 2019 form
- Copy of data page of Jamaican passport
- Copy of J1 Visa
- Copy of TRN card
- Copy of I-94
- Detailed résumé (including secondary school education)
- **International** money order in the amount of \$50.00 USD made payable to Accountant General, Jamaica

**Applications from the following areas may be mailed to the Embassy's address at**

**Embassy of Jamaica  
1520 New Hampshire Ave. NW  
Washington, DC, 20036**

Maryland, Washington, Virginia, California, The District of Columbia.

## **The Process**

**Step 1** – The individual applies for a change of status from 'J' visa to another type through the US State Department Web site [www.travel.state.gov](http://www.travel.state.gov). You are then referred to your Government representative office in the USA ( consular section at the Embassy of Jamaica, Washington, DC or Jamaican Consulate-General, Miami or Jamaican Consulate - General, New York ) to provide proof that the government of your home country has no objection to you changing your status and remaining in the United States at the end of your training under the 'J' visa exchange student programme .

**Step 2** – The individual applies through the Jamaican consular office that has jurisdiction for the State/US Territory where you reside. Individuals in the following area should apply to the Embassy located at 1520 New Hampshire Avenue NW, Washington, DC 20036 (if the State you live in is not listed below,

**Step 3** – The Embassy sends your application off to the government office in Jamaica which handles these applications (Ministry of Finance & the Public Service) for processing and necessary follow- ups.

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**Step 4** – The Embassy receives approval from Ministry of Finance & the Public Service for the Letter of No Objection to be issued.

**Step 5** – The Embassy issues the Letter of No Objection to the United States Department of State via a Diplomatic Note, stating that the Government of Jamaica has no objection to waiving the stipulations / conditions of your 'J' visa

**Step 6** – The United States Department of State upon receiving the Letter of No Objection grants the waiver, so that you can freely change your 'J' visa status .

Processing time generally takes 3 to 4 months after the documents are sent to the Ministry of Finance and Public Service.

For information and procedures on how to apply for the Waiver, visit the US Department of State website at [www.travel.state.gov](http://www.travel.state.gov). The applicant will be given a case number, which is to be stated in the request to the Embassy.